

# HEAD HEART HANDS

## KS1 Learning Outcomes

Head	Heart	Hands
 <ol style="list-style-type: none"><li>1) Understanding</li><li>2) Evaluate</li><li>3) Rules</li><li>4) Routines</li></ol>	 <ol style="list-style-type: none"><li>1) Speaking and Listening</li><li>2) Try Our Best</li><li>3) Respect</li><li>4) Confidence</li></ol>	 <ol style="list-style-type: none"><li>1) Movement</li><li>2) Balance</li><li>3) Fit and Healthy</li><li>4) Skills</li></ol>