

## HEAD HEART HANDS

### Key Stage 2 Key Learning Outcomes



- 1) Knowledge
- 2) Understanding
- 3) Analysis
- 4) Feedback
- 5) Responsibility



- 1) Communication
- 2) Leadership
- 3) Respect
- 4) Resilience
- 5) Effort
- 6) Confidence



- 1) Physical Qualities
- 2) Fit and Healthy
- 3) Competitive
- 4) Techniques
- 5) Tactics

Head, Heart, Hands is a child friendly way of allowing children to monitor their progress in PE during their time at Beaford. There are so many areas a child can make progress on top of improving their physical skills and this is here to help them track their journey. During each PE unit, children reflect on their PE journey.